## Year 1 Ramadan!

This week we would like Year 1 to create their own dua book.

## You will need:

- o Coloured paper
- Scissors
- o Pencil
- Felt-tip pens or coloured pencils

## Method:

- 1. Draw around your hand on a piece of paper.
- 2. Carefully cut out your drawing.
- 3. Write your dua on the paper and decorate your hand.





Using the eat well plate, help an adult prepare a nutritional iftar or suhur meal.

