



R.E

Creation

LO: To understand how Jews show they are thankful for
the natural world.

Shabbat



Judaism

What do you know about Judaism?

Do you know anything about Jewish people?



Jewish people like to show they are grateful for the natural world, but in a different way. They do this by celebrating a weekly festival called Shabbat.

Who knows what 'shabbat' is?



What is Shabbat?

Shabbat is an exciting and important day that Jewish people look forward to all week.

For Jewish people, Saturday is a special day, just like Sunday is special to Christians.

What is the special day for Muslims?
What is this day called?

The background of the entire slide is a repeating pattern of olive branches with green leaves and golden-yellow olives. The branches are detailed with small veins and the olives have a textured, bumpy surface.

Why is Shabbat important to Jewish people?

Shabbat is the fourth commandment:

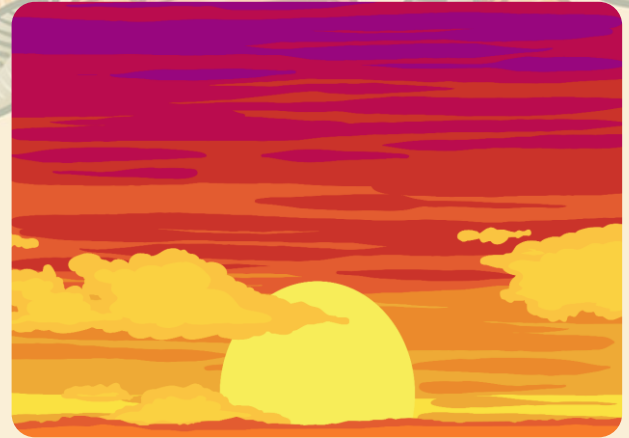
'You shall remember to keep the Sabbath day Holy.'

Saturday was the seventh day of the week and the day that Jews believe God rested after creating the world. Ever since ancient times, Jewish people have kept the Sabbath day Holy by celebrating Shabbat.

When is Shabbat?

It happens every weekend, beginning on Friday evening, and ending on Saturday evening.

On Friday, families work hard to prepare food, clean their houses and lay their dining tables ready for Shabbat.



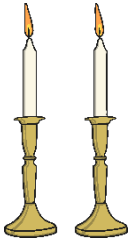
How is Shabbat celebrated?

When Shabbat begins on Friday evening, everyone puts on their best clothes and gather for a special meal. Other family members or friends may join the family for this special occasion.



There are lots of traditions that take place at a Shabbat meal.

Shabbat Traditions



Shabbat Candles
are lit on the
dinner table.

Challah bread
is eaten.



**Wine (or grape
juice) is shared in
a Kiddush cup.**

Blessings
are recited.



Challah Bread

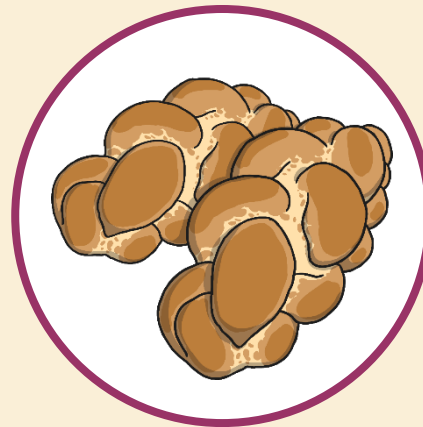
Challah is a special plaited loaf that is bought fresh on Friday morning, ready for the Shabbat.



Two loaves are always bought together.



The loaves are covered with a special **Challah cover**, so they can't 'see' the wine when it is blessed.



Challah tastes much sweeter than normal bread. This helps remind people that **Shabbat is special**.

Other Customs



Families enjoy talking together. Children can stay up late and tell and listen to stories. Songs are sung.



Families will visit a **Synagogue** during Shabbat.

No work can be done. Including homework!

Havdalah is the end of Shabbat. A special plaited candle is lit and prayers are read. **Special spices** are smelt and finally the candle is put out in the wine.

Do's and Don'ts

Do's

Do get together with family.

Do go to the synagogue.

Do have a family meal.

Do rest.

Do pray.

Do light candles.

Don'ts

Don't work.

Don't make your family work for you.

Don't pay others to work for you.

Don't prepare cooked meals.

Don't take part in business.



Main Task

Create a poster to give information to others about the do's and don'ts of the Shabbat.