

Did You Remember What to Do?



Drop, Cover and Hold

Duck under a strong table or desk. Cover your head and neck with your arms. Stay away from windows.

Stay Calm

Keep calm. Make safe choices for yourself and those around you.



Stay Put

Shelter in place. Whether you're in a car, in bed, or in a public place. Do not try to run out of the building during strong shaking, wait until the shaking stops.

Did You Remember What to Do?



- How did you feel when you heard the noise?
- Would you feel the same if you were in a real earthquake?
- How long did our earthquake last?

Task



Disaster Preparation

Imagine you are living in an earthquake zone. You need to be prepared in order to keep safe and survive any disaster. Use your own ideas and any of your own research to think about the following.

Can you think of any safe places to go if an earthquake hits?

What emergency supplies will you need?

Are there any items which you would want to keep safe?

Why do you think earthquake victims are told to drop, cover and hold on?