

The Eightfold Path

Choose 3 of the steps from The Eightfold Path and write about a situation which explains what the steps are about.

1. _____

2. _____

3. _____

The Eightfold Path

Write a short explanation of each of the steps in The Eightfold Path.
Use the words in the box below to help you.

Right understanding is about:

Right Intent is about:

Right Speech is about:

Right Action is about:

Right Livelihood is about:

Right Effort is about:

Right Mindfulness is about:

Right Concentration is about:

committing	positive	learning	harm
help	self-discovery	attitude	actions
focus	negative	thoughtful	considering

The Eightfold Path

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Right understanding:

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Right Speech:

Right Action:

Right Livelihood:

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Right Mindfulness:

Right Concentration:
