# Parent Bulletin

Nurturing today's young people, inspiring tomorrow's leaders





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9 Rabi Al-Akhir 1443 AH

www.olivehackney.com

#### **Hadith of the Week**

# "It is prohibited for a Muslim to frighten/scare another Muslim."

(Source: Sunan Abu Dawud)

Pupils will be taught:

- Not frighten or bully others with words and actions, even jokingly.
- All forms of bullying are unacceptable and corrosive to oneself and others.
- To promote safety as a core principle.

Here is the Hadith of the Week Homework from last week:

**CLICK HERE** for *Hadith of the Week* Homework.

# Reception & Year 1 Parents Workshop (Phonics)

We will be holding our Phonics workshop for Reception and Year 1 parents on *Tuesday 16<sup>th</sup> November, 9am-10am*. The workshop will take place online and you can access it using Zoom. The workshop will include practical strategies to support your child with their reading and writing at home. All Reception and Year 1 parents/carers are welcome.

Meeting ID: 957 1211 8138 Passcode: Eck08M CLICK HERE to join the meeting.

### **Pupil Attendance**

We are so pleased to report that last week's attendance was over **98%**. This is an incredible achievement and must be sustained in order to have a positive impact on our children's learning.

Year 1 is the only year group where attendance remains low. We are very pleased to see good attendance on Friday. Let's keep it up! Well done!

Year Group	% Present
Reception	99.4%
Year 1	95.6%
Year 2	96.8%
Year 3	99.2%
Year 4	98.2%
Year 5	99%
Year 6	98.3%
Overall	98.1%

Day	% Present	
Monday	98.5%	
Tuesday	98.7%	
Wednesday	97.9%	
Thursday	97.3%	
Friday	97.7%	
Overall	98.1%	

Classes with highest attendance	% Present
Year 6 – Ibn Umayr	99%
Year 5 -Ibn al-Awwaam	99.6%
Year 4 – Barakah	99.6%
Year 3 - Ibn Ali	100%
Year 2 - Ibn Zayd	99.6%
Year 1 – Bint Qays	97.3%
Reception - Ibn Zubayr	100%

# Message from Principal (Mr. Mirza)

Assalamu alaikum (peace be with you)

I hope you have had a wonderful weekend.

Thank you to all parents who attended the parent evenings on Mon/Tues. I hope you found the meetings useful.

Thank you to parents who attended the Reception coffee morning on Friday. Please try to attend our parent workshop on *Tuesday (online at 9am)*, our annual Open Evening on *Wednesday (in school at 5pm)* and our Year 1 coffee morning on *Friday (in school at 8:45am)*.

A reminder that Reception pupils will be going on a walk of the local area on Wednesday and Year 4 will be going to the *Tower of London* on Thursday. These trips are based on curriculum units. Wishing you and the pupils a successful week ahead, insha'Allah.

### **Open Evening**

We will be holding our annual open evening on *Wednesday* 17<sup>th</sup> November 2021, 5pm – 6:30pm. The open evening is for parents who are interested in sending their children to Olive School Hackney in September 2022. The meeting will take place in the school (Sports Hall). If you wish to attend, please arrive via the St. John's Church Road entrance. You will need to register your attendance. CLICK HERE to register.

### **Anti-Bullying Week**

We will be taking part in *Anti-Bullying Week* which starts on Monday. The theme for the week will be 'One Kind Word'.

The isolation of the last year has underlined how little acts of consideration can break

down barriers and brighten the lives of the people around us. This is one of the reasons, that 'One Kind Word' has been chosen as the theme of Anti-Bullying Week

Our pupils will be taking part in:

- 7 Day Kindness Challenge (all week).
- Odd Socks Day (Monday).
- Anti-bullying lessons.
- Anti-bullying assemblies.
- Anti-bullying competition.

The Anti-Bullying Alliance has produced a parent/carer resource pack to help you talk to your children about bullying; CLICK HERE to view the resource pack.

#### **Odd Socks Day**

Odd Socks Day is part of Anti-Bullying Week. To celebrate that we are all unique, we ask that children wear odd socks to school on **Monday 15th** 



**November**. The day sends an important message to pupils that they should be allowed to be themselves free from bullying and helps us celebrate Anti-Bullying Week in a fun and positive way. Mr. Mirza will also be wearing odd socks!

### **Parent Coffee Morning**

The next parent coffee morning will take place on *Friday 19*<sup>th</sup> *November, 8:45am – 9:30am* and will be hosted by the Year 1 teachers (*Ms. Begum, Ms. Badat and Ms. Patel*).

Please sign in from the Lower Clapton Road entrance. The coffee morning will take place in the basement dining hall. Tea/Coffee will be available. All parents/carers are welcome.

#### **Punctuality**

Although attendance was high last week, punctuality was back to very worrying levels. Please note that some of our weekly assemblies start at 8:25am and all English lessons start at 8:30am. If your child arrives to class after 8:30am, then they are missing out on their learning. Your lateness will have a damaging effect on your child's education and well-being, please ensure that your child is in school no later than 8:30am every day, preferably at 8:15am. The gates open at 8:05am to help parents and pupils to be on time.

Day	Total Lates
Monday	41
Tuesday	29
Wednesday	34
Thursday	39
Friday	17

#### Uniform

We have noticed that some pupils are wearing hoodies to school instead of jackets/coats. Please ensure that your child does not wear a hoodie to school. Any hoodies will be confiscated by the school management and you will be asked to pick up the hoodie from the school office.

As the weather gets colder, please ensure your child(ren) wears a proper coat and not a hoodie.

#### **Weather This Week**

Mon	Tue	Wed	Thu	Fri
12° 7°	12° 8°	12° 6°	13° 10°	13° 9°

#### **Squid Game Warning**

Many schools are becoming increasingly worried about children who are watching 'Squid Game' on Netflix. Our advice is that no Olive School child should be watching it. We have already had examples of children having nightmares after watching this show. We have attached a helpful guide to provide you with more information about this show which has grown in popularity amongst children.

### **Parents Parking Badly**

We have received a very serious complaint from the *Kings Hall Leisure Centre* about our parents blocking the car park used by their customers. An ambulance tried to get in to the car park last week and was blocked for 10 minutes due to parents blocking the car park. The person who was going in the ambulance had a heart attack.

Whilst some parents may feel a sense of entitlement to park in this car park because they have a parking permit or have paid and displayed, it is important that we look at the bigger picture. The Prophet Mohammed stated: "Whoever believes in Allah and the Final Day should not trouble his neighbors." We are simply making it a misery for our neighbours and are now endangering their lives. Is it any wonder that we have been unable to secure swimming sessions at Kings Hall Leisure for our pupils despite attempting to make a booking since before the summer holidays. The actions of some parents may have had a direct negative impact on our children chances of attending swimming sessions at the centre. If you care about the school and its future, we ask that you avoid parking in the car park used by the Kings Hall Leisure Centre customers.

Another car park which has been misused is the *Lower Clapton Road Medical Centre* car park and *Halidon Close* where parents are parking on double yellow lines, parking illegally and causing significant disruption to our neighbours. Here are the pics:













# This **ANTI-BULLYING WEEK** we are holding

Odd Socks Day on

# MONDAY 15<sup>TH</sup> NOVEMBER 2021

Come to school wearing your odd socks to celebrate what makes us all unique!



STAND UP. SPEAK OUT.

# What Parents Need to Know about OUD GAN

With themes of horror and violence, it's important for parents and carers to understand the potential risks posed to young audiences by the nine-episode Netflix-exclusive TV show, Squid Game. The series, rated 15+, is about a world where contestants who are deeply in debt play children's games in order to win cash prizes. The losers, however, are violently killed. The show's popularity has meant it has spread in various guises across online platforms, with a heightened risk of children and young people potentially viewing unsuitable content. That's why we've created this guide to help parents and carers understand exactly what Squid Game is all about.

# **INAPPROPRIATE CONTENT**

Some might argue that Squid Game contains content that might not even be suitable for older teens, let alone young children. Characters are brutally tortured and killed through stabbings or getting shot as a result of rules developed and enforced by a masked game master. The show also features sexual content and threats of sexual violence, as well as a strong theme of gambling that runs throughout the whole show.

# APPEAL TO YOUNG PEOPLE

Whilst the content is very much adult-themed, some features of the show seem to appeal to young children at face-value. The name "Squid Game" may be interpreted as a programme aimed at children rather than adults. The content itself, such as the bright and childish aesthetics, may also appeal to young children, particularly as there's a focus on playground games to go with it.

# SIMILAR CONTENT **SUGGESTIONS**

When using social media and streaming sites, content is recommended based on what is the user has consumed i.e. what they have watched or searched for. Therefore, there is a greater chance of your child being exposed to similar violent or horror-themed content on social media after watching a show like Squid Game.

# VIRAL SPIN-OFFS As well as Netflix, <mark>Squid</mark> Game has grown in notoriety and prevalence on other platforms, like TikTok and YouTube, with clips of the show going viral. On YouTube Kids, a number of successful channels have taken advantage of the Squid Game trend, creating content such as "How to Draw Squid Game Characters" videos. Its popularity has also led to the creation of app games that put the player in the role of a contestant who is killed if they lose a game.

# **SCENE RE-ENACTMENTS**

Squid Game's pervasive presence on social media has encouraged many content creators to re-enact scenes from the show, which has led to reports of children wanting to also imitate those scenes displayed on social media at home and in school. Much of this content stems from the "Red Light, Green Light" game from the first episode, where contestants attempt to make it past a giant animatronic girl before she shoots them.

# Advice for Parents & Carers

# **USE PARENTAL CONTROLS**

Netflix has easily accessible built-in parental controls that allow you to set up a profile for your child with a specific age rating, block them from watching certain shows and even lock their account so it can't be accessed by anyone else. Netflix also allows you to access your child's viewing history to make sure they're not watching anything inappropriate for their age.

# **CHECK AGE RATINGS**

Age ratings on TV shows and films Age ratings on IV snows and films are a way to gauge what is suitable for audiences of different ages. If you are unsure about the content your child is watching, check the age rating to see if the TV show or film is deemed suitable for their age group. If not, try watching the show yourself or talking to other parents who have seen it before to get a better understanding of why it's been rated a certain way. understanding of why it's been rated a certain way.

# MONITOR ONLINE ACTIVITY

Squid Game has become a social media craze and it's possible your child will see some content related to the show on various platforms. Therefore, it's important to be aware of which websites your child has visited on their smartphone, tablet or laptop, and to also keep an eye out for which accounts they are following on social media platforms, such as Instagram and TikTok.

# HAVE OPEN CONVERSATIONS

Making sure your child is comfortable telling you about what they see online can go a long way to ensuring you are kept in the loop about their online use. Showing an interest in what your child is doing online gives you the opportunity to discuss what is and is not appropriate for their age group, and how they might recognise their own feelings towards content they see.

# MONITOR BEHAVIOUR

Due to the viral nature of the show, even if your child has not seen Squid Game, it's important to keep an eye on their behaviour. There have been reports from schools of children "playing Squid Game" in the playground and acting aggressively towards the losers as a way to replicate the consequences of losing in the TV show. Viewing content that makes your child feel uncomfortable could also cause them to feel distressed or distracted, so it's important you can easily spot the signs.

# WATCH THE SHOW

If you're trying to figure out whether you should let your child watch Squid Game, it might be a good idea to watch the show yourself first. Doing so will allow you to get a better understanding of the show's content and themes, as well as help you decide if this is something you'd feel comfortable with your child being exposed to.

# Meet Our Expert

Carly Page is an experienced and highly respected freelance technology journalist, editor and consultant. Previously the editor of tech tabloid The INQUIRER, Carly now works as the news editor for Computer Shopper and IT Pro and writes for a number of publications including Forbes, TechRadar, Tes, The Metro, uSwitch and WIRED.





Sources: https://www.theguardian.com/tv-and-radio/2021/oct/17/english-council-urges-parents-not-to-allow-children-to-watch-squid-gar. https://help.netflix.com/en/node/2641 https://www.imdb.com/title/tt10919420/parentalguide/#advisory-violence



www.nationalonlinesafety.com



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# Advice for parents/carers on cyberbullying



### Who is this advice for?

This advice is for parents and carers about cyberbullying. It provides advice and information about how they can protect their child from cyberbullying and how to tackle it if it happens.

# **Overview**

Cyberbullying is bullying that takes place using technology. Whether on social media sites, through a mobile phone, or gaming sites, the effects can be devastating for the young person involved. There are ways to help prevent a child from being cyberbullied and to help them cope and stop the bullying if it does happen.

Parents and carers need to be aware that most children have been involved in cyberbullying in some way, either as a victim, perpetrator, or bystander. By its very nature, cyberbullying tends to involve a number of online bystanders and can quickly spiral out of control. Children and young people who bully others online do not need to be physically stronger and their methods can often be hidden and subtle.

Cyberbullying can also involve adults. Even though technology has provided wonderful opportunities for both teaching and learning, it has led to some teachers becoming the victims of internet messaging that undermines or ridicules them. It is important that parents make clear that this is not acceptable behaviour and lead by example. What was once a conversation at the school gate between small groups of parents and carers can now become a conversation with perhaps hundreds of "friends" on social networking sites, include comments that are recorded permanently, with a large audience, and easily shared. Whilst parents and carers have the right to be critical of decisions made by schools, or even individual staff members, they should raise concerns in an appropriate way and not become abusive, or libellous. Open conversations on social networking sites are not private and can easily be reported to school staff, even if it was not the intention for views to be shared directly.

# Social networking

Young people routinely access social media and much of their social lives are conducted online. This can create a false sense of security; for example chatting online feels different from chatting face to face. It can be easier to say and reveal things that wouldn't be said face to face; be cruel, aggressive or flirtatious. It is important for young people to remember that there are offline consequences to online behaviour.

Comments intended to be funny can often be misinterpreted online whereas if said face to face they could be acceptable as facial expressions, body language, tone of voice and context would all help to ensure that comments are taken the right way. This is not the case online. We also know that increasingly younger children are signing up to social network sites and may not have the maturity to handle their online identity in a safe and responsible way.

Social networking can increase existing social pressures and reinforce a sense of isolation; for instance by people purposefully not liking a young person's status update or photo so they seem unpopular, or by excluding them from group chats. Online bullying often involves a large audience and this increases the pressure.

Parents and carers need to understand the way young people communicate with others, and the potential risks. Asking their child simply not to use technology is not a realistic way to prevent or react to cyberbullying. Internet Matters provides an overview of cyber-bullying in more detail and NSPCC advice on bullying and cyberbullying prevention is helpful

Parents and carers have a challenging job. They need to know what their children are doing online and also help them to do it in a safe way. With technology changing on a day-to-day basis, the best way to stay informed is for parents to be involved. Thinkuknow provides helpful tips on letting your child teach you.

# **Set boundaries**

A good way to supervise children's internet access and set boundaries about what they can and cannot do online is to create an agreement with them. If a child breaks the rules, restrict internet access for an agreed period of time. Thinkuknow provides helpful tips on agreeing and setting boundaries.

Ensure you use the privacy settings, parental controls and inbuilt internet safety features provided by the major internet service providers. The UK Safer Internet Centre has guides for parental controls for parents and carers experiencing any internet safety issues with their children. The Parent Zone provides a national helpline service at - help@theparentzone.co.uk

# Being involved and talking to children

Social networks have a minimum age restriction, usually age thirteen. Parents should talk to their children about the reasons behind the age restriction. Accessing such sites too early can expose children to unnecessary bullying.

It is also very important to ensure children and young people feel comfortable about telling their parents things that have happened online. Talking to their children will help parents to understand the ways in which they are using the internet, social media and their mobile phone. Talking to children about responsible behaviour is important as sometimes children who are victims of cyberbullying may also be involved in cyberbullying others. Ensure they know they can go and talk to an adult or parent if they are being bullied and need support. How parents talk to their children will depend on their age. Childnet gives more detailed information about talking to your child and antibullying pro provides practical advice for parents

# **Advice for children**

Parents may wish to consider the following advice when teaching their children about using the internet safely:

- Make sure you use the privacy settings;
- Always respect others be careful what you say online;

- Be careful what pictures or videos you upload. Once a picture is shared online it cannot be taken back;
- Only add people you know and trust to friends/followers lists online. When talking to strangers, keep your personal information safe and location hidden;
- Treat your password like your toothbrush keep it to yourself and change it regularly;
- Block the bully learn how to block or report someone who is behaving badly;
- Do not retaliate or reply to offensive e-mails, text messages or online conversations;
- Save the evidence. Always keep a copy of offensive e-mails, text messages or a screen grab of online conversations and pass to a parent, a carer or a teacher;
- Make sure you tell an adult you trust, for example, a parent/carer, a teacher, or the antibullying co-ordinator or call a helpline like Childline on 0800 1111 in confidence;
- Most social media services and other sites have a button you can click on to report bullying.
   Doing this can prevent a bully from targeting you and others in the future. Many services take bullying seriously and will either warn the individual or remove his or her account;
- While you are on your mobile phone make sure you also pay attention to your physical surroundings.

# Possible signs of cyberbullying

It is not always easy to spot the signs of cyberbullying as it can happen all the time, which is a feature that makes it different from other forms of bullying. Be alert to a change in your child's behaviour, for example:

- being upset after using the internet or their mobile phone;
- being unwilling to talk or secretive about their online activities and mobile phone use;
- spending much more or much less time texting, gaming or using social media;
- having many new phone numbers, texts or e-mail addresses showing on their mobile phone, laptop or tablet;
- seeming withdrawn, upset or outraged after texting or being online;
- not wanting to go to school and/or avoiding meeting friends and schoolmates;
- avoiding formerly enjoyable social situations;
- experiencing difficulty sleeping;
- suffering from low self-esteem.

# What to do if you suspect a child is being cyberbullied

If you suspect a child or young person is being harassed or bullied either over the internet or via mobile phone, ask them to give you details. If your child tells you that someone is bothering them online, take it seriously. Offer practical as well as emotional support. Print out the evidence for future reference. Talk to a teacher at your child's school if other pupils at the schools are involved.

# Support for children who are bullied

School staff should support all pupils who are bullied and develop strategies to prevent bullying from happening. Children and young people who have been a victim of images or videos of a sexual nature being uploaded and shared will be particularly vulnerable and in need of support to return to school. To help schools support pupils who are severely affected by bullying, the Department for Education has produced advice for schools, available here.

Cyberbullying on social networks can be upsetting and really knock -targets' confidence. Childline has produced guidance for young people on building their confidence after online bullying available at: Childline - Building confidence after online bullying

It is also important to involve your child in resolving the issues as this can help to strengthen their self-confidence and restore a sense of emotional safety.

The Anti-Bullying Alliance has helpfully created a fact sheet outlining the range of support that is available to schools, parents, carers and young people from the anti-bullying sector advice and support from the anti-bullying sector.

Facebook has produced a support sheet Empowering Parents and Families which gives guidance on what to do if you child is being bullied.

### **Useful Resources**

#### **Getting offensive content taken down**

If online content is upsetting and inappropriate, and the person or people responsible are known, you need to ensure they understand why the material is unacceptable or offensive and request they remove it.

If the person responsible has not been identified or refuses to take down the material you should contact the social networking site directly to make a report and request the content is taken down. The material posted may be in breach of the service provider's terms and conditions of use and can therefore be removed.

Some service providers will not accept complaints lodged by a third party. In cases of mobile phone abuse, where the person being bullied is receiving malicious calls and messages, the account holder will need to contact the provider directly.

Before you contact a web service provider, it is important to be clear about where the content is, for example by taking a screen shot of the material that includes the web address. If you are requesting that someone takes down material that is not illegal, be clear to point out how it breaks the site's terms and conditions. Where you suspect that the material is illegal, you should contact the police directly.

NSPCC Netware: Your guide to the social network your kids use – <u>stay up to date and keep your child safe in today's digital world</u>

# **Contact details for social networking sites:**

The <u>UK Safer Internet Centre</u> works with social networking sites to disseminate their safety and reporting tools.

Social Networking Site	Useful links		
Ask.fm	Ask.fm Safety Centre  Reporting on Ask.fm: You do not need to be logged into the site (i.e. a user) to report. When you move your mouse over any post on someone else's profile, you will see an option to like the post and also a drop down arrow which allows you to report the post.		
Facebook	Read Facebook's rules Report to Facebook Safety Centre		
Instagram	Read Instagram's rules Report to Instagram Safety Centre		
Kik Messenger	Read Kik's rules Report to Kik Help Centre		
Snapchat	Read Snapchat rules Report to Snapchat Read Snapchat's safety tips for parents		
Tumblr	Read Tumblr's rules Report to Tumblr by email If you email Tumblr take a screen shot as evidence and attach it to your email		
TikTok	Read TikTok's rules Report to TikTok		
Twitter	Read Twitter's rules Report to Twitter		
Vine	Read Vine's rules Contacting Vine and reporting		
YouTube	Read YouTube's rules Report to YouTube YouTube Safety Centre		

# **Mobile phones**

All UK mobile phone providers have malicious or nuisance call, text or picture message centres set up and have procedures in place to deal with such instances. They will help you to change the number of the person being bullied if necessary. If you want to prosecute the perpetrator contact the police. The mobile provider will work closely with the police and can usually trace calls for them.

Some service providers such as Vodafone produce annual magazines for parents and carers (Digital Parenting), giving information and top tips for keeping your children safe online including cyberbullying.

# **Service providers**

Service provider	From your mobile	Pay as you go	Pay
·	,	, , ,	monthly contracts
02	4445 or 202	08705 678 678	0870 241 0202
VodaFone	191	03333 040 191	03333 048 069
3	333	08433 733 333	08433 733 333
EE	150	0800 956 6000	0800 956 6000
Virgin	789	0345 6000 789	0345 6000 789
ВТ		08000 328 751	08000 328 751

Organisations that provide support to parents and carers and children

The Anti-Bullying Alliance

**CEOP** 

**Childline** 

Childnet

The Diana Award

**Internetmatters** 

**Kidscape** 

Get connected

**NSPCC** 

**The Parent Zone** 

**Thinkuknow** 

**Young Minds** 

**UK Safer Internet Centre**