

Parent Bulletin

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Sunday 8th May 2022

7 Shawwal 1443H

www.olivehackney.com

Issue: 174

Year 6 SATs Week

Year 6 SATs week has finally arrived. This is the first time that *Standard Assessment Tests* (SATs) are being held in any UK school for three years. Our pupils, parents and staff have worked extremely hard to prepare for this week.

During this week, breakfast will be served for all Year 6 pupils and staff in the Sports Hall on *Monday to Thursday* from 7:30am. Here is the test timetable for this week:

- **Monday 9th May (AM)** – English Grammar, Punctuation and Spelling Tests
- **Tuesday 10th May (AM)** – English Reading Test
- **Wednesday 11th May (AM)** – Maths Arithmetic & Reasoning Test Paper 1
- **Thursday 12th May (AM)** – Maths Reasoning Test Paper 2

Please ensure that your Year 6 child goes to sleep on time this week, remains calm and arrives to school on time. Please find a leaflet with helpful tips and advice on page 2 of this bulletin.

Year 6 Eid / End of SATs Party

Year 6 pupils will have their Eid / End of SATs party on **Friday 13th May, 11:45am – 12:45pm** in the Sports Hall. Year 6 pupils are encouraged to dress in their Eid clothes / non-uniform.

After School Enrichment Clubs

After school enrichment clubs will start from this week. You will receive a text message (one day before) if your child has successfully been registered on to any of the after-school clubs. We still have spaces for some of the after-school clubs. If you wish to register your child(ren) for any of the available spaces, then please click on the link below:

- [CLICK HERE](#) for Reception, Year 1 and 2 club registration
- [CLICK HERE](#) for Year 3, 4, 5 and 6 club registration

The second round of club registration ends on *Friday 13th May 2022*. Turkish/Somali language clubs will soon be added to *Wednesdays*. We would also like to add a daily Qur'an club for beginners.

Year 2 SATs

Some Year 2 pupils will start their SATs from this week with all other Year 2 pupils taking their SATs within the next three weeks. Reading and Maths tests will be conducted in small groups over 2-3 weeks.

If your child is in year 2, please make sure they sleep on time and have breakfast before they come to school in the morning.

Parent Survey (online)

We are conducting online parent surveys from now until **Friday 27th May 2022**. The survey should be completed by parents/carers of pupils in all year groups (from Reception to year 6). There is a single parent survey for all year groups - parents should self-select their child's year group. The survey includes guidance for parents/carers with more than one child at the school.

[CLICK HERE](#) to complete this short survey about your experience of our school.

Message from the Principal (Mr. Mirza)

Assalamu alaikum (peace be with you).

I hope you have all had a wonderful weekend.

I was honoured to accompany our talented *Star Voices* children's choir who performed brilliantly this weekend in front of thousands of people at the Eid in the Square event in Trafalgar Square, London and the Eid Festival, in Westfield Shopping Centre, London W12. I am so incredibly proud of the pupils who performed beautifully with such passion and confidence. [CLICK HERE](#) to see pics and videos clip.

My thoughts and prayers are with Year 6 pupils who will be taking their SATs this week. I am so proud of all Year 6 pupils and staff who have worked so hard. Please may I request the entire school community of Olive School Hackney to pray for their success. May they all perform to the best of their abilities and achieve the highest scores. Ameen.

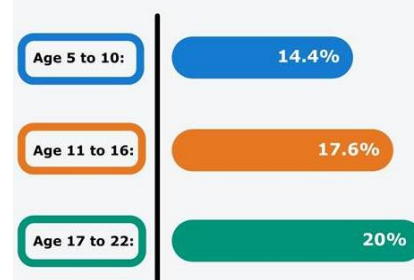


Mental Health Awareness Week

Mental Health Awareness Week will take place this week (**9th May - 15th May**). The theme for 2022 is loneliness - the experience of feeling lonely, its effect on our mental health and how we can play a part in reducing loneliness in our communities.

Our school will explore this theme in a number of ways – by getting pupils to think about their friendships, relationships and support systems, about how best to support others, and self-care strategies to employ if they ever feel lonely.

Percentage of children with a mental health condition, by age



NHS Digital, Mental Health of Children and Young People in England 2020, p.13

VIP Pizza Party

The VIP Pizza Party with *Mr. Mirza* will take place on **Friday 13th May 2022, 10:30am – 11:15am**.

LET'S BEAT SATS STRESS



Dear Parents,

SATs will be taking place this week and whilst some children may be excited by them, many will be anxious and worried! Please do not hesitate to contact the school if you would like to discuss ways to help your child cope with worries and anxieties linked to exam stress. This leaflet will give you ideas on how you can help your child at home.

Signs to look out for!

- Signs of social and emotional distress
- Loss of appetite and complaints of stomach aches
- Headaches
- Feeling sick
- Being negative about life or school

What you can do to help!

- Reassure your child
- Try not to focus every conversation about SATs
- Laugh and joke to get their minds off their worries
- Exercise - run, cycle or play sports
- Tell your child to try their best and *'Be the best you can be!'*

Tips!

- Practice makes progress
- Get enough sleep
- Eat healthy
- Drink lots of water
- Take regular breaks in between revision
- Revise and organise your time
- Read your exam duas and pray to Allah for guidance and help

Dua for Exams

اللَّهُمَّ لَا سَهْلَ إِلَّا مَا جَعَلْتَهُ سَهْلًا،
وَأَنْتَ تَجْعَلُ الْحَزْنَ إِذَا شِئْتَ سَهْلًا

Allahumma la sahla illa ma ja'altahu sahla,
wa 'anta taj-alul hazna idha shi'ta sahla

O Allah! There is nothing easy except what You make easy, and You make the difficult easy if it be Your Will

**YOU'VE GOT
THIS!**