

ALLERGY INFORMATION
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



Available Daily

- Bread with butter
- Daily salad selection
- Jacket potato with a choice of cheese/beans

ALLERGEN KEY

A Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs
H Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

Week 1

Week 2

4th Sep / 16th Oct / 27th Nov

11th Sep / 23rd Oct / 4th Dec

Monday

Meat free day

✓ Penne pasta bake served with sweetcorn & peas (**A, I, J, H**)
✓ Jacket Potato with a choice of cheese/beans (**A, I**)
S Salad
D Fruit

Monday

✓ Lentil dhal curry & mumbai diced potatoes served with basmati rice (**A, I, J, H**)
✓ Jacket Potato with a choice of cheese/beans (**A, I**)
S Salad
D Fruit

Tuesday

M Chinese style crispy chicken served with basmati rice (**A, I, J, H**)
✓ Savoury rice (**A, I, J, H**)
S Carrots
D Lemon cake (**A, G, I**)

Tuesday

M Tandoori chicken pizza served with garlic bread (**A, I, J, H**)
✓ Margherita pizza served with garlic pizza (**A, I, J, H**)
S Salad
D Pineapple cake (**A, G, I**)

Wednesday

M Traditional cottage pie served with broccoli (**A, I, J, H**)
✓ Cheese and tomato baguette (**A, I, J, H**)
S Salad
D Fruit

Wednesday

M Spaghetti Bolognese (**A, I, J, H**)
✓ Chinese noodles with paneer (**A, I, J, H**)
S Salad
D Fruit

Thursday

M Chicken fillet burger served with onion rings & slaw (**A, I, J, H**)
✓ Vegetable burger served with onion rings & slaw (**A, I, J, H**)
S Salad
D Apple crumble (**A**)

Thursday

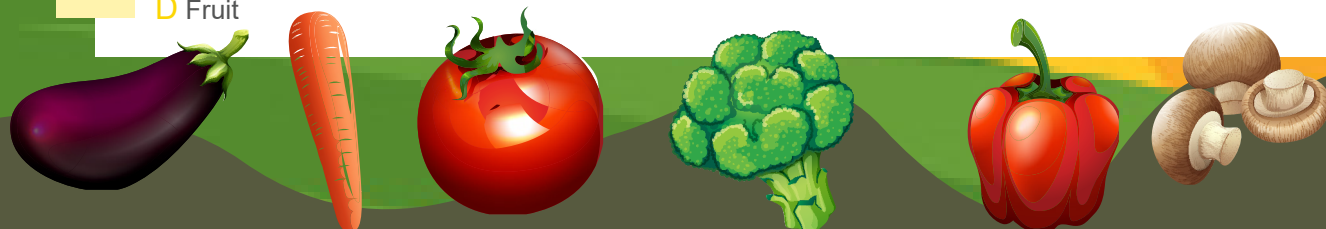
M Butterfly grilled chicken served with yorkshire pudding and gravy (**A, I, J, H, G**)
✓ Falafel served with lemon sticky rice (**A, I, J, H**)
S Carrots & broccoli
D Fruit slices and crackers with cream cheese (**A, I**)

Friday

M Fish fingers & chips served with peas/sweetcorn & baked beans (**A, D, I, H**)
✓ Vegetable & red kidney bean enchiladas served with chips & baked beans (**A, I, J, H**)
S Salad
D Fruit

Friday

M Fish fingers & chips served with baked beans or peas (**A, D, H**)
✓ Pizza baguette (**A, I, J, H**)
S Salad
D Fruit



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Week 3

18th Sep / 30th Oct / 11th Dec

Week 4

25th Sep / 6th Nov / 18th Dec

Monday



Meat free day

- ✓ Chickpea & vegetable biryani served with yoghurt (A, I, J, H)
- ✓ Jacket Potato served with a choice of cheese/beans (A, I)
- S Salad
- D Fruit



Meat free day

- ✓ Vegetable fajita pasta served with kidney beans & sweetcorn (A, I, J, H)
- ✓ Jacket Potato served with a choice of cheese/beans (A, I)
- S Salad D Fruit

Tuesday



- M BBQ spiced chicken served with steamed vegetables (A, I, J, H)
- ✓ Sweet potato curry served with pita bread (A, I, J, H)
- S Salad
- D Beetroot & chocolate cake served with custard (A, G, I)



- M Chicken & butternut squash curry served with basmati rice (A, I, J, H)

- ✓ Butternut squash curry served with basmati rice (A, I, J, H)
- S Salad
- D Marble cake (A, G, I)

Wednesday



- M Meat & potato pie served with vegetables (A, I, J, H)
- ✓ Vegetable & potato pie (A, I, J, H)
- S Salad
- D Fruit



- M Cheeseburger served with wedges (A, I, J, H)
- ✓ Veggie burger served with wedges (A, I, J, H)
- S Salad
- D Fruit

Thursday



- M Great British bangers and mash potato served with steamed carrots and gravy (A, I, J, H)
- ✓ Cheese & tomato pasta (A, I, J, H)
- S Salad
- D Jelly



- M Chicken, sweetcorn and leek pie (A, I, J, H)
- ✓ Vegetable pie (A, I, J, H)
- S Glazed carrots and salad
- D Yoghurt (I)

Friday



- M Fish fingers & chips served with sweetcorn or baked beans (A, D, H)
- ✓ Stir fried vegetable noodles (A, I, H)
- S Salad
- D Fruit



- M Fish fingers & chips served with peas or baked beans (A, D, H)
- ✓ Mac & Cheese with broccoli (A, I)
- S Salad
- D Fruit



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Week 5

2nd Oct / 13th Nov

Week 6

9th Oct / 20th Nov

Monday

Meat free day

- ✓ Linguine with creamy tomato sauce served with sweetcorn (**A, I, J, H**)
- ✓ Jacket potato with a choice of cheese/beans (**A, I**)
- S** Salad
- D** Fruit



Meat free day

- ✓ One pot pasta served with sweetcorn & cheese (**A, I, J, H**)
- ✓ Jacket potato with a choice of cheese/beans (**A, I**)
- S** Salad
- D** Fruit

Tuesday

- M** Oven baked chicken served with roast potatoes & mixed vegetables (**A, I, J, H**)
- ✓ Cheese flan (**A, I, J, H, G**)
- S** Salad
- D** Courgette cake with lemon drizzle (**A, G, I**)



- M** Honey & lime flavoured chicken served with herby potato, green beans and gravy (**A, I, J, H**)
- ✓ Sweet potato & cauliflower korma served with bread/pitta (**A, I, J, H**)
- S** Salad
- D** Chocolate & orange marble cake (**A, G, I**)

Wednesday

- M** Mexican chicken pizza (**A, I, J, H**)
- ✓ Cheese and tomato pizza (**A, I, J, H**)
- S** Pasta salad
- D** Fruit



- M** Lebanese meat balls in tomato sauce served with rice and peas (**A, I, J, H**)
- ✓ Lentil & sweet potato curry served with rice and salad (**A, I, J, H**)
- D** Fruit slices and crackers with cheese spread (**A, I**)

Thursday

- M** Chicken tagine served with rice (**A, I, J, H**)
- ✓ Spinach and potato balti served with rice (**A, I, J, H**)
- S** Salad
- D** Apple crumble and custard (**A, I**)



- M** Meat lasagne served with sweetcorn & broccoli (**A, I, J, H**)
- ✓ Vegetable lasagne served with sweetcorn & broccoli (**A, I, J, H**)
- S** Salad
- D** Fruit jelly

Friday

- M** Fish fingers & chips served with mushy peas or baked beans (**A, D, H**)
- ✓ Cheese & tomato sandwich (**I**)
- S** Salad
- D** Fruit



- M** Fish fingers & chips served with baked beans and sweetcorn (**A, D, H**)
- ✓ Jacket potato with a choice of cheese/beans (**A, I**)
- S** Salad
- D** Fruit

