



Olive School

PE Curriculum

At The Olive School, Hackney, we have designed our physical education (PE) curriculum with the intent to: maximise children's physical activity; develop their fundamental movement skills in a range of disciplines and sports; and build confidence and enjoyment in the activities they undertake. Whilst centring our PE curriculum on these essential practical skills, we will also develop important 'PE life skills' such as body awareness and leadership, in order to equip a children with the PE mindset that will enable them to flourish in future PE learning.

We will deliver a broad and balanced skill-based PE curriculum that:

- Systematically develop the practical skills required for gymnastics, dance, athletics, swimming, invasion games (e.g. hockey), net and wall games (e.g. tennis); and striking and fielding games (e.g. cricket) arching across the whole primary age range.
- Focusses exciting sequences of learning on discrete component skills and applies these to a meaningful composite outcome. For example, in Year 4 gymnastics, children will focus on the component skills of balancing, travelling and rolling, before combining these to create and perform a sequence with a partner.
- Promotes the development of essential PE life skills, such as: the importance of cooling down; body awareness; giving peer feedback; measuring; and leadership.

Our PE curriculum is taught according to the following whole school long term plan:

	Autumn Term	Spring Term	Summer Term
Year 1	Skills and Games Invasion games <i>Football</i>	Gymnastics & Dance Invasion games <i>Netball</i>	Striking & Fielding <i>Cricket</i> Athletics
Year 2	Skills and Games Invasion games <i>Football</i>	Gymnastics & Dance Invasion games <i>Basketball</i>	Striking & Fielding <i>Tennis</i> Athletics and Orienteering (OAA)
Year 3	Invasion games <i>Football</i> Invasion games <i>Tag Rugby</i>	Gymnastics & Dance Net & Wall <i>Tennis</i>	Striking & Fielding <i>Cricket</i> Athletics
Year 4	Invasion games <i>Football</i> <i>Hockey</i>	Gymnastics & Dance Invasion games <i>Netball</i>	Striking & Fielding <i>Cricket</i> Orienteering (OAA) & Athletics
Year 5	Invasion games <i>Hockey/ Football</i>	Gymnastics & Dance Net & Wall <i>Tennis</i>	Striking & Fielding <i>Cricket</i> Athletics
Year 6	Invasion games <i>Football</i> Swimming	Gymnastics & Dance Swimming	Striking & Fielding <i>Cricket</i> Swimming Orienteering (OAA) & Athletics

The detailed, sequential development of PE knowledge, skills and understanding is carefully mapped out in our progression map, accessible below. This progression map ensures that teachers are supported to plan lessons that include all learners, of all abilities, allowing skill progression within a particular strand of PE to be fully understood.

Our children are given motivating and inspiring enrichment opportunities and special experiences to embed essential learning in PE. This enrichment is an essential element of our curriculum offer. For example:

- Sports Days
- Inter-school sports tournaments
- Bike ability
- After school sports clubs

Related documentation:

- [PE Curriculum Plan](#)
- [PE Learning Journey](#)