



Olive School

PSHE Curriculum

At The Olive School, Hackney, our PSHE curriculum is woven through everything that we do in school. Through our PSHE curriculum, our children will learn how to become healthy, independent and responsible members of our society. Children will build a relationship with themselves, learn about their emotions and be taught how they can be conscientious members of our community. Our PSHE curriculum will develop the 'whole child' by teaching them how to be both physically and mentally healthy, how to build positive relationships, how to self-regulate and how to respect our differences.

The children are encouraged to be leaders from a young age, through both our core PSHE curriculum and our wider focus on leadership and are given lots of opportunities to share their voice with other pupils and school staff.

We focus on three core themes for PSHE: 'Health and Wellbeing', 'Relationships' and 'Living in the Wider World', which together ensure that all statutory requirements are met, including those for health and relationships education. Together, they encompass all areas of our PSHE curriculum and through our progression map (see below), ensure that all essential knowledge is coherently and sequentially taught. Key features of our knowledge-rich PSHE curriculum include:

- Our Early Years learning's PSHE curriculum follows the 'Personal Social, Emotional Development' learning pathways of the national Development Matters guidance, meeting the requirements of the Statutory framework for the Early Years Foundation Stage. Here, our children are encouraged to develop their personal confidence by taking calculated risks in the safe environment of the classroom and in continuous provision.
- In Key Stage 1, the children learn about: special people and their own identity; their emotions, the development and maintenance of friendships, and strategies to recognise and deal with bullying. They begin to learn how to keep safe and where to go to for help. Children also learn about keeping clean and how to have a healthy lifestyle by taking regular exercise and eating healthily. Children are taught about life in the wider world by developing an understanding of what it is like to live in a community, jobs and begin to develop an understanding of how to look after money.
- In Lower Key Stage 2, our children learn about respectful, healthy and unhealthy relationships. They deepen their understanding of how to make the right choices for healthy eating and how to deal with injury and continue to develop their awareness of bullying. Children set personal goals when learning about future careers and ways in which they can support their community.
- By the time they reach Upper Key Stage 2, our children explore further their aspirations for the future, what skills they know they may need and how they will be resilient on their journey - even when they find things difficult. They also develop a deeper understanding of money management. Children learn how take care of their body and mind, including building an understanding of the effect of harmful substances. Children also develop a good understanding of respectful relationships and learn about the consequences of discrimination.

- Through our computing curriculum, our children develop an understanding of all aspects of online safety, because we want to ensure that our children are fully equipped to negotiate the ever-changing digital world, both safely and responsibly. Here, we focus on themes such as privacy, online bullying and healthy relationships, developing and revisiting important aspects of online safety throughout the years, as per the computing progression map.

Our long term plan aligns fully with the PSHE Association's programme of study:

	YEAR 1	YEAR 2	YEAR 3	YEAR 4	YEAR 5	YEAR 6
Aut 1	Transition to Year 1	Identity and Difference	British Values	Supporting the Community	Building your Career	Relationships with Money
Aut 2	Healthy Lifestyles	Healthy Eating	Jobs and Personal Goals	Making decisions about money	Protecting The Environment	Online Safety - review
Spr 1	Living in the Community	Feelings and Emotional Wellbeing	Recognising and Dealing with Bullying	Respectful Relationships	Looking After Yourself	Harmful Substances
Spr 2	Jobs in the community	Looking After Money	Healthy Eating Choices	Dealing with Injury	Taking Care of the Body	Transition to Year 7
Sum 1	Special People	Harmful Substances Respecting Similarities and Difference	Healthy and Unhealthy Friendships	Online Safety - review	Respectful Relationships and Discrimination	Enterprise
Sum 2	Being Safe	Dealing with Friendships	Online Safety - review	Online Safety - review	Online Safety - review	Families and People Who Care About Me
	Hygiene	Seeking Help				

The detailed, sequential development of Personal, Social, Health and Economic (PSHE) education is carefully mapped out in our PSHE progression map, accessible below. This progression map ensures that teachers are supported to plan lessons that include all learners, of all abilities.

Our children are given motivating and inspiring cross-curricular opportunities and special experiences to embed essential learning. This enrichment is an essential element of our PSHE and design curriculum offer. For example:

- Star Leader programme, e.g. Head Boy and Head Girl; Year 6 Prefects, Class Monitors, Playground Buddies, Reading Champions;
- School council
- Enterprise week
- Road Safety Week
- Children's Mental Health Week.
- Safer Internet Day.
- Hygiene Week.
- Careers Days.
- A full annual programme of PSHE assemblies, incorporating 'Leadership Thought of the Week', British Values and 'Word of the Week'
- A range of activities to promote the Star values of Service, Teamwork, Ambition, Respect, e.g. Children in Need, Jeans4Genes, McMillan, Winter Gift Programme.
- The delivery of our Faithful Stars Framework, which focuses on: promoting resilience and confidence; identity and relationships; service and enrichment; and equality and opportunity
- The Star Mini- Diploma –a prestigious Trust award focussing on the conduct and personal growth of our children

Related documentation:

- [PSHE Curriculum Plan](#)
- [PSHE Learning Journey](#)