

ALLERGY INFORMATION
 If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination. Our Refined Soybean oil (produced from genetically modified soya)



ALLERGEN KEY

A Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs
H Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

Available Daily

- Bread with butter
 - Jacket Potato with Cheese

- Pasta with Tomato Sauce

Dessert
 - Fruit & Yoghurt

Week 1

Week 2

15th Apr / 3rd Jun / 15th Jul

22nd April / 10th Jun

Monday

Meat free day

- ✓ Vegetable pasta Bake served with sweetcorn (A, I, J)
- ✓ Jacket Potato with a choice of cheese/beans (A, I)
- S Salad
- D Seasonal Fruit

Meat free day

- ✓ Vegetarian Pizza served with Tomato Pasta (A, I)
- ✓ Jacket Potato with a choice of cheese/beans (A, I)
- S Salad
- D Seasonal Fruit

Tuesday

- M Chilli Con Carne Served with Rice & Carrots
- ✓ Tuna Sandwich (A, G, I)
- S Salad
- D Homemade Cookies (A, G, I)

- M Chicken Chowmein served with Noodles & vegetables
- ✓ Vegetarian Noodles (A)
- S Salad
- D Cheese Crackers & Orange slice (A, I)

Wednesday

- M Oven Baked Zinger Burger served with wedges (A)
- ✓ Veggie Burger served with wedges (A)
- S Salad
- D Yoghurt or Seasonal Fruits (I)

- M Tandoori Grilled Chicken served with Roast vegetables & Potatoes
- ✓ Roasted Corn & Cheese quesedilla served with Roast vegetables (A, I)
- S Salad
- D Seasonal Fruit or Yoghurt (I)

Thursday

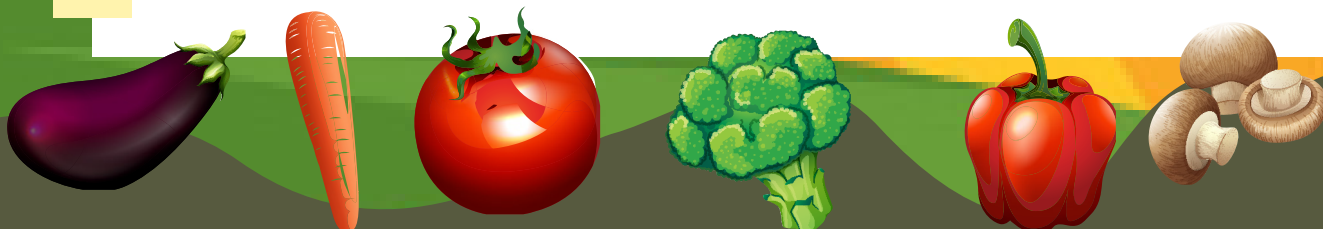
- M Bangers and mash served with baked beans & Gravy (A, I, H)
- ✓ Veggie Sausages served with Baked Beans (A, G)
- S Salad
- D Vanilla Sponge cake (A, G)

- M Meat Curry Served with 50/50 Rice
- ✓ Vegetable Pilau 50/50 Rice
- S Salad
- D Jelly

Friday

- M Battered Fish & chips served with steamed mixed vegetables or baked beans (A, D)
- ✓ Enchiladas (A, I)
- S Salad
- D Ice cream (I)

- M Fish fingers & chips served with steamed mixed vegetables or baked beans (A, D)
- ✓ Pizza Baguettes (A, I)
- S Salad
- D Ice Cream (I)



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Available Daily
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 - Jacket Potatoes with Cheese
 - Pasta with Tomato Sauce
 Dessert
 - Fruit & Yoghurt

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Week 3
 29th Apr / 17th Jun

Week 4
 6th May / 24th Jun

Monday



Meat free day

- ✓ Lentil dhal curry served with Bombay potato & basmati rice
- ✓ Jacket Potato served with a choice of cheese/beans (A, I)
- S Salad
- D Seasonal Fruit



Meat free day

- ✓ Macaroni Cheese served with broccoli (A, I)
- ✓ Jacket Potato served with a choice of cheese/beans (A, I)
- S Salad
- D Seasonal Fruit

Tuesday



- M Turkish Meatballs kofte served with spaghetti (A, I)
- ✓ Creamy tomato sauce served with spaghetti (A)
- S Salad
- D Cheese Crackers (A, I)



- M Meat Burger served with wedges (A)
- ✓ Vegetable Burger (A)
- S Salad
- D School sponge cake

Wednesday



- M Chicken Fajita wrap with wedges (A, I)
- ✓ Cheese & onion pie served with glazed carrots (A, I)
- S Salad
- D Seasonal Fruit or Yoghurt (I)



- M Chicken, potato & vegetable pie served with honey glazed carrots (A)
- ✓ Cheese & Onion pie
- S Salad
- D Yoghurt

Thursday



- M Somali bariis with chicken served with yoghurt salad
- ✓ Sambus Qudaar (vegetable Samosa) (A)
- S Salad
- D Chocolate Orange Cake (A, G, I)



- M Chicken Tikka masala served with jeera flavoured 50/50 rice
- ✓ Vegetable rice
- S Salad
- D Jelly

Friday



- M Fish Fingers & chips served with Baked beans (A, D)
- ✓ Cheese Toasties (A, I)
- S Salad
- D Ice Cream (I)



- M Battered Fish & chips served with Baked Beans (A, D)
- ✓ Cheese & tomato Panini served with chips (A, I)
- S Salad
- D Ice Cream (I)



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 - Jacket Potato with Cheese
 - Pasta with Tomato Sauce
 Dessert
 - Fruit & Yoghurt

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Week 5

13th May / 1st Jul

Week 6

20th May / 8th Jul

Monday



Meat free day

- V Vegetable Pizza served with Tomato basil pasta salad (A, I)
- V Jacket potato with a choice of cheese/beans (A, I)
- S Coleslaw (I)
- D Seasonal Fruit



Meat free day

- V Cheese & Onion potato pie served with baked beans & sweetcorn (A, I)
- V Jacket potato with a choice of cheese/beans (A, I)
- S Salad
- D Seasonal Fruit

Tuesday



- M Bangers and mash served with baked beans & Gravy (A, I, H)
- V Veggie Sausages served with Baked Beans (A, G)
- S Salad
- D Cheese crackers (A, I)



- M Beef stir-fry Served With Rice (H)
- V Pizza Baguette (A, I)
- S Salad
- D Jam & Coconut cake (A, G)

Wednesday



- M Peri Peri flavoured roast Chicken served with savoury rice
- V Cheese & Toamato quesedilla served with rice (A)
- S Salad
- D Seasonal Fruit or Yoghurt (I)



- M Jerk Chicken served with roast potatoes, sweetcorn & Gravy (A, H)
- V Chickpea curry served with bread/ pita (A)
- S Salad
- D yoghurt (I)

Thursday



- M Spaghetti Bolonese served with sweetcorn (A, I)
- V Tomato sauce spaghetti (A, I)
- S Salad
- D Flapjack



- M Butter chicken served with 50/50 rice
- V Vegetarian pilau rice
- S Salad
- D Jelly

Friday



- M Fish fingers & chips served with Baked beans (A, D)
- V Cheese & Onion Quiche (A, I)
- S Salad
- D Ice Cream (I)



- M Fish fingers & chips served with Baked beans (A, D)
- V Mac & Cheese (A, I)
- S Salad
- D Ice Cream (I)

